

2018 Nebraska 4-H Resident Camps

Camper Information Packet



Table of Contents

Welcome to the Nebraska 4-H Camp Experience	1
Options for Visiting Camp	1
First Time Campers	2
Returning Campers	3
Our Counselors	3
Heath Procedures	4
Meals at Summer Camp	5
Additional Special Needs	6
Program Session Information	6
American Camp Association Accreditation	6
Typical Daily Schedule	7
Telephones and Cell Phones	7
Correspondence – Snail mail, email, and packages	8
Camp Store	9
Cancellations	9
Changing Camps	9
Modifications and Changes	9
Camp with a Friend	9
Sleeping Unit Placement	10
Camp Check-In Process	10
Camp Check-Out Process	10
Check-In and Check-Out Times	11
General Packing List	12
Directions to Eastern Nebraska 4-H Camp in Gretna, Nebraska	13
Directions to Nebraska State 4-H Camp in Halsey, Nebraska	14

Welcome to the Nebraska 4-H Camp Experience

We are excited to have your camper join us for their summer adventure! Please read through this entire packet as it contains essential information for you and your camper. Use the information to start conversations with your camper about your camper's camp experience. What are they looking forward to? What do they need to do to do to get ready for camp? What are their concerns? This is also a great opportunity to answer these questions for you as a parent. The sooner those conversations start the more comfortable you and your camper will feel as their time at camp gets closer. Our Nebraska 4-H Resident Camps are the perfect place for your camper to develop new skills and build self-confidence in a safe, fun environment. Many youth come to resident camp because they want to have fun, but they leave with so much more! Your child will come home with new friends, bolstered confidence, leadership and outdoor skills, and a lifetime of memories that you made possible - all by giving the gift of camp. If you or your camper has any questions, please do not hesitate to contact us!

Katie Zabel Sean Gundersen **Lindsay Shearer** Kali Tomlinson **Program Coordinator Camp Director Camp Operations Program Coordinator** Nebraska 4-H Camps Nebraska 4-H Camps Nebraska 4-H Camps Nebraska 4-H Camps kzabel2@unl.edu Sgundersen2@unl.edu lshearer2@unl.edu ktomlinson2@unl.edu

Options for Visiting Camp

Open Houses

We invite you to visit camp during an open house so you can get to know our staff and facilities. We especially encourage first time campers and their families to attend. Bring the whole family and tour camp, meet the full-time staff, and get your questions answered!

Eastern Nebraska 4-H Camp: May 5th, 2018 · 1-4PM **Nebraska State 4-H Camp:** May 26th, 2018 – 1-4 PM

Only camp staff and campers are allowed in camp during sessions so we encourage you to take advantage of this opportunity to learn more about the camps and the staff. For more information on Drop Off, see Camp Check-In Procedures.

Camp 101

Unable to make it out to camp property for an open house but still have questions? Join us for an information event to meet camp staff, ask questions, see photos and video of our camp facilities and programs, and learn about all the fun your camper will have this summer! Visit our Facebook Page at www.facebook.com/ne4hcamps/ for Camp 101 sessions for each one of our camp properties.

First Time Campers

We want your camper to have the best camp experience possible! The best thing you can do to prepare your camper is to use positive language and an excited, upbeat tone when talking about camp. Here are some tips to make the first experience the best it can be.

Preparation and practice for campers:

- Have your camper live out of a suitcase for a few days.
- Practice "going to camp" by having your camper spend a weekend at a friend's or relative's house to practice taking care of themselves.
- Have your camper take showers instead of baths.
- Have your camper practice washing their hair on their own.
- Go over the packing list and have your camper help so they know what is in their suitcase.
- Encourage drinking water with meals.
- Talk about living and working with others. At camp, we practice living the 4-H pledge. The
 camp community is like a big family and we expect campers to respect themselves, others
 and the environment.
- Talk with them about what to do if something is wrong. Encourage your camper to talk to a
 counselor when they have conflicts with a friend, if they are hungry or homesick, lost their
 toothbrush, etc. Counselors can help if they know what the problem is!

We want you to be prepared for questions your child might ask. Below are some of the most common questions and responses for you to consider.

What if I wet the bed?

No big deal. Just tell a counselor and they will take care of it discreetly and wash the bedding and clothes.

What if no one likes me?

There will be a variety of campers in the unit and many campers who don't know anyone else. Counselors will start the week off with games to help you get to know one another as well as check in during daily community circles.

What if I get sick?

Your cabin mates and counselors can help you and will take you to see our health aides. You will be fixed up in no time and make sure you are healthy enough to participate!

What if I really miss home?

"That's ok. I will miss you too, but you'll be having a great time with your new friends! Your counselors are there to give you the support you need and I'll see you on Friday!"

What if I'm scared of bugs?

There are bugs at camp, but they won't hurt you if you don't mess with them. Your cabin mates and counselors can help you if you get too scared.

First Time Campers continued...

Missing Home

Most campers experience "homesickness" or missing home to some degree. Homesickness is not so much about missing home as it is about making sure this new place is safe. We have many strategies that our staff and counselors have been trained in to help campers feel better. This adjustment period usually takes about 48 hours. So by Wednesday, when you just received your first "please come get me" letter, your camper is already feeling better and having fun.

At this point, you have two choices:

- Call the camp director and see how your camper is doing.
- Wait a day or two for the next letter.

Returning Campers

Even though your camper has been to camp before, here are a few tips to keep things going smoothly.

Returning campers can also experience "homesickness." This may be due to changes at home (marriage, divorce, a new sibling, death of a loved one, etc.) or due to the difference in routines between camp and home: If your camper is in any of these situations, talk about it before they come to camp. This will help process the changes so they won't have to worry at camp. You may choose to share this information with the camp staff so they can be aware and sensitive to your camper's situation.

Sometimes returning campers have to adjust to the fact that camp is different than it was last summer. Talk with your camper about how things change and that camp will be different and might just be better! Campers who are returnees are often "the experts" at camp. We encourage campers who are returning to be compassionate to new camper and show others how exciting camp can be. **This is hands-on leadership development!**

Our Counselors

Our camp counselors are primarily college students who are studying fields such as education, recreation, sociology, and psychology and want the experience of working with children. All Nebraska 4-H Camp staff complete a thorough application process which includes a written application, employment history, three reference checks, verification of skills and certifications, a personal interview, and a background check. Hired staff are required to complete a two-week long training program prior to working with campers. Training includes CPR/First Aid certification and emergency preparedness, child development, group management, how to help with homesickness and much more. Staff at each camp are trained in safety and facilitation practices for the program activities at their site (e.g., archery, lifeguarding, and challenge course).

Health Procedures

Each camp is staffed by a trained staff member known as a health aide. Annually, we review our policies and procedures to ensure we are providing best practices care for our campers. We also have routine contact with a Registered Nurse who is familiar with our practices and program.

Health History

In order for your camper to attend camp and receive the best care in the event of an accident or illness, all campers must submit a current Camper Health History/Release form. This form is completed as part of the registration process or found in your online account. This form must be completed three (3) weeks prior to the camp session your camper attending. Please provide us with all relevant information regarding your camper. If your camper has any special needs, our knowledge of these will only improver the camp experience for your camper. This information is securely stored and only shared as needed with staff working with your camper. If you have questions, please contact us.

Health Screenings

Campers will receive health screenings when checking in at camp. The screening must be completed before the adult dropping the camper off is able to leave. Each camper's current physical condition must be checked. This will include a check of temperature, questions about recent health and a head check for lice.

Head Lice

Head lice are common in children and adults so please check your camper before you bring them to camp. We will be unable to allow any camper to attend camp if there are any nits or lice in their hair. Refunds will not be provided if your camper has lice and decides not to attend camp. Some signs of head lice are:

- An itchy scalp and a great deal of head scratching.
- Nits in the hair. Unlike dandruff, nits attach themselves to the hair shaft and cannot be "flicked" off of the hair.

Parents/guardians will be contacted if the following situations occur:

- If your camper spends the night in the health center.
- If your camper has a sustained temperature greater than 101°F
- If your camper has vomiting or diarrhea more than 3 times in a 24 hour period.
- If you camper has an unexplained rash (chicken pox, impetigo, ringworm, not attributed to poison ivy/oak, bug bites, etc.)
- If your camper needs to see a doctor or visit the emergency room.

Parents/guardians may be contacted in the following situations:

- If the health aide has a question in regards to information supplied on your campers Health History/Release form (medications, chronic health conditions, etc).
- If a camp staff person needs your assistance/support in regard to your camper's well-being.

Medications, Vitamins, Non-Prescription Drugs, Etc.

All medications, vitamins, herbal supplements, etc. must be turned in when campers check in at camp. Please make sure not to pack these items in your camper's gear. If your camper requires a rescue inhaler, epi-pen or other rescue medication, they will need to keep it with them or it can be carried by the counselors with your camper at all times. For safety of the camp community, no camper (including adult participants) will be allowed to keep medication on their person or in their belongings.

Please note the following as you are packing your camper's medications:

- All medicines, vitamins, non-prescription drugs, etc. must come to camp in the original containers.
- Prescription drugs must be in the original prescription container with the name of the camper and have the instructions from a physician as to dosage, use, etc. accompanying the container.
 Please check carefully to insure inhalers or other boxed medications and prescription samples either have the box with the prescription label or a note from your physician indicating the campers name, dosage, and any other instructions.
- Vitamins, non-prescription drugs, herbal supplements, etc. require a written signed note from the parent/guardian indicating dosage and frequency.

Medication Blister Packs

All routine medications are required to be filled into provided blister medication packs during the check in process. You will be required to transfer information regarding the prescribed medication onto the provided medication labels. Please see the health aide, if you have any questions or need assistance. Medication that is provided for an as needed basis will need to be in a zip top bag with your camper's name attached and directions for use.

Medical Insurance:

Health insurance is the parent's/guardian's responsibility. Nebraska 4-H Camps does have minimal, short term medical insurance that covers your child while at camp.

Meals at Summer Camp

Campers will enjoy a cafeteria style meals served in the dining hall. Meals are carefully planned to ensure generous amounts of healthy and nutritious options. Nutritional value and inclusion of the food groups are also considered when putting together menus for the summer. Breakfast will usually consist of a hot choice (pancakes, eggs, bacon) as well as a self-serve buffet with cereal, yogurt and other options. For lunch we may have burritos, sandwiches, or soup. Dinner options often include spaghetti, chicken, or stroganoff.

Food and healthy snacks are available all day for any camper who may need a snack, as we know how much energy is spent having fun!

Special Dietary Needs and Food Allergies

Most dietary needs can be accommodated (vegetarian, lactose-intolerant, gluten free, etc.). Special diets may require the participant to bring some of their own food to supplement the meals provided by camp. We are a peanut free environment and ensure that campers' meals are peanut free. If your camper has any specific dietary restrictions or needs, please put them on the Camper Health History/Release form.

Additional Special Needs

Please contact the camp for campers requiring special health care or with mobility limitations. Together, you and the camp administration can discuss the nature of your camper's needs and gather additional information to determine if the camp can provide the proper support, supervision and necessary accommodations for your camper to have a safe, fulfilling camp experience. To be successful at camp, your child needs to be independent with self-care (shower, dressing, using the restroom). Your camper needs to feel comfortable in the following camper to counselor ratios:

Camper Age	Number Staff	Overnight Participants	Day-only Participants
4-5 years	1	5	6
6-8 years	1	6	8
9-14 years	1	8	10
15-18 years	1	10	12

We are dedicated to serving ALL youth at Nebraska 4-H, and accommodations can be made in many cases. Please contact the Camp administration if you would like to speak about accommodations.

Program Session Information

Your camper is registered for a particular camp session for their age at the time of the program. The following are examples of activities that your camper will participate in at each of our camps, regardless of which program session they have registered for:

- Swimming
- Campfires
- Outdoor cooking
- Canoeing
- Hiking
- Games

- Crafts
- Singing
- Archery
- Riflery
- Challenge Course/ Zip line

American Camp Association Accreditation

We are an American Camp Association accredited camp. We voluntarily review over 300 industry standards related to the health and safety of campers and staff. In addition, we implement research based policies, procedures, and practices throughout our programs. All of our programs also comply with the University of Nebraska – Lincoln's *Youth Activities Safety Guidelines*. Details regarding the guidelines can be found at the end of this packet as well as in the registration process online.

Typical Daily Schedule

Depending on the session your camper is attending (Summer Fun, Tank and Tube, etc.) the activities will vary by camp and may include archery, swimming, boating, rock climbing, etc. All activities are weather permitting.

7 a.m. Wake-up
7:45 a.m. Flag Ceremony
8 a.m. Breakfast
9 a.m. Activity Blocks

12:30 p.m. Lunch

1:30 p.m. Rest Hour (downtime for campers to rest, write letters, or hang out in cabins)

2:30 p.m. Activity Blocks5:45 p.m. Flag Ceremony

6 p.m. Dinner

7 p.m. Evening program

9 p.m. 4-H Hour (Back in units getting ready for bed)

10 p.m. Lights out (time will vary depending on age and daily activities)

Telephones and Cell Phones

Campers are not generally allowed to receive or make phone calls while at camp. If there is a problem or if your camper is not doing well, a staff member will contact you as soon as possible. If in an emergency arises at home and you must contact the camp by phone, our summer phone numbers are:

Eastern Nebraska 4-H Camp • (402) 332-4496 Nebraska State 4-H Camp • (308) 533-2224 Camp Operations Coordinator • (402) 472-2846

Please ask to speak to the camp director or administration. If they are not available, leave a message and they will return your call as quickly as possible.

Campers are not allowed to have a cell phone for any reason. Camera phones can create privacy and legal concerns. Camp is purposefully a place where campers can "unplug," allowing them to better connect with each other and their environment.

Any cell phone brought to camp by a camper will be secured in the camp office until the camper is ready to leave for home. Nebraska 4-H is not responsible for lost, stolen, broken, or damaged property.

Emergency Procedures

Parents will be contacted if there is an emergency that affects the camp community. Examples of emergencies include wildfire evacuation, tsunami evacuation or other such occurrences. If these events occur, please do not call camp. You will be contacted by Nebraska 4-H staff with information regarding next steps.

Correspondence - Snail mail, email, and packages

Happy mail from home is always a welcome addition to the camp experience. To ensure that your camper receives a letter each day, we recommend writing letters ahead of time and giving them to staff at camper drop-off or mailing a few days before the session begins. Staff will hand deliver them to your camper throughout the week. If you use the U.S. Postal Service, allow three or more days for mail to arrive. Consider sending letters before your camper leaves for camp and we will store those until your camper's session.

Make sure your mail is cheerful and positive. Ask questions about what they are doing at camp, but please do not tell them about all the great things that they are missing or how much you miss them. This can lead to homesickness. Mail with unhappy news (a pet passed away, a favorite relative is moving out of the area, etc.), while important, is sometimes better left until a camper returns home and can be with supportive friends and family. When sending mail, please use the following addresses and format:

Eastern Nebraska 4-H Center

[Camper's Name] [Camp Session] Eastern Nebraska 4-H Center 21520 W Hwy 31 Gretna, Nebraska 68028

Nebraska State 4-H Camp

[Camper's Name] [Camp Session] Nebraska State 4-H Camp 83222 4-H Camp Road Halsey, Nebraska 69142

To encourage mail to you from camp, you might consider including pre-addressed, pre-stamped envelopes and postcards in your camper's gear. Please send all stamps and envelopes in waterproof ziptop bags to withstand the humidity at camp.

You may email your camper at camp. Please put their name and session name (ex. Summer Fun, Tank and Tube the Loop, etc.) in the subject line. A staff member will check the email address once a day and distribute the emails with the snail mail to the camper. Due to the limited number of computers at camp your camper will not be able to email you back. Be aware that attachments and e-cards cannot be opened or printed. Camp email addresses are as follows:

Eastern Nebraska 4-H Camp • 4hcampea@unl.edu Nebraska State 4-H Camp • 4hcampst@unl.edu

Care Packages

Please do not send any care packages including food to your child at camp. Any care package received with food will be kept in the office until check out day for pick up. Nebraska 4-H is not responsible for lost or stolen care packages.

Camp Store

There is a camp store at both of our resident camps. Camp store will be open for campers to purchase snacks, fun camp specific clothing and memorabilia as well as camping accessories to enhance their visit. You can add camp store money to your child's account by logging in to your Ultracamp account. Due to refund policies, we can no longer accept cash or check payment for camp store in person on the day of check in. We do not offer cash refunds at the time of check out. The ideal camp store deposit is \$30 or less.

Unspent Camp Store Money

At the end of the camp season, you will receive a refund for the remaining unspent camp store funds directly to the credit card you made payment. Please allow 3-5 weeks for processing.

Cancellations

All cancellations are subject to a \$25 processing fee. No fees will be returned if the camp being attended is not notified 14 days prior to the camp session commencing.

Changing Camps

If for some reason you wish to register for a different camp, the request must be made at least 2 weeks prior to the camp for which you were originally registered. Changes will be made only where feasible. There is no charge for changing camp sessions. Parent/ Guardian is responsible for any difference in camp fees.

Modifications and Changes

For a variety of reasons, although rare, Nebraska 4-H must occasionally cancel a camp session. If this occurs, you can expect the entire camp fee (including the deposit) to be refunded or an alternative camp session to be found. Other times, certain activities described in the camp brochure must be suspended or changed due to circumstances beyond our control, such as inclement weather or safety considerations. In these situations, we try to adapt by offering equally valuable alternative program. Under circumstances of this type, refunds should not be expected.

Camp with a Friend

Camping with a friend can be a lot of fun, and is a great way for campers to strengthen friendships while making new ones! If your camper wants to enjoy the adventure of camp with a friend, both campers must:

- 1. Meet grade requirements and be registered for the same camp program.
- 2. Be listed as cabin mates on their registrations. While we will do our best to honor cabin mate requests all campers will be encouraged to try a variety of activities to make new friends!

Sleeping Unit Placement

The most frequently asked question is "Where will I live during camp?" Unit living placements are finalized only a day or two before the session begins and determined by total camp enrollment and numbers in each particular program. You will receive this information during check in.

You will be sleeping in cabins at both of our resident camp sites. Campers bunk with campers similar to their age. Each resident camp site has access to restrooms and showers in or near your child's sleeping quarters.

Mattresses and bunk beds are provided in all living units. You must provide your own bedding, including sleeping bag, pillow, and blankets.

In a sleeping unit, at least 2 staff members live in the cabins with your children. This provides the highest level of supervision to our campers.

Camp Check in Process

Please do not plan to arrive early, as the camp staff will be preparing the site for campers. Doors open promptly at drop-off time. Please bring any medication with you to the check-in table. You and your camper will check in and then visit the health aides for the health screening. Please bring all luggage with you as we do a preventative bed bug screening.

- Parking: A staff member will direct you to find a parking spot in the specified parking lot at each site. Only park in specified parking spaces and do not park in the grass.
- Camp Store: The Camp Store will be open on check-in day to purchase items.
- After completing the health screening and check-in process you are invited to walk your camper
 to their sleeping unit to see where they will be sleeping, help get settled, and meet the
 counselors.

Camp Check-out Process

The person picking up the camper is required to show photo identification and be an authorized pickup on the account holder's Ultracamp account.

There are no exceptions to this policy – even parents and guardians must show ID. This is for your safety as well as your child's protection. You can add or change individuals through your online account or by notifying the camp prior to check out day.

- Luggage pick-up: Camper luggage will be sorted by sleeping unit. Please take time to find ALL of your camper's luggage including laundry bag, sleeping bag, pillow, stuffed animal, etc. Due to the camp store and a week of living out of a suitcase, your camper's luggage may have expanded since they left.
- Lost and Found Items: Lost and found items at camp are kept in a box in the lodge. Items are displayed for claiming on the last day of camp. Unclaimed items will be held for two (2) weeks after the last day of the camp session. Any items that have not been claimed will be donated or discarded. Claimed items can be picked up from the camp. Nebraska 4-H is not responsible for lost, damaged or stolen items.
- Meeting counselors: At pick-up time, feel free to take a few minutes to meet the staff who worked with your camper during the week. They'll be happy to meet you and speak with you about your camper.
- Leaving Camp Early / Coming and Going: It is our goal to make your child's stay at 4-H camp one of the highlights of their summer. We strive to create a community in which all campers are actively involved 100% of the time. This is difficult when campers leave for sporting events or

- other engagements. Please try to make arrangements within your schedule so your child can remain at camp the entirety of the session.
- Medications: Remember to pick up your camper's medication from the health aide.
- **New this year:** We will be having a family style picnic. You will have a chance to interact with your camper's counselors, cabin mates, and other camp families. You are invited to our cook out meal and have dinner on us! *In order to get the most of this experience, please make sure you are arriving close to the start of pick-up.*

Check in and Check Out Times

The following check-in and check-out times apply unless otherwise noted in the registration process. The first and last day of your camper's camp session can be found on your invoice. Only those listed on the Camper Health History/ Release form may pick up the camper. Please bring photo ID. Doors will open at the times listed below.

	Check-In Time	Check-out Time
Nebraska State 4-H Camp	5:00PM- 6:00PM on the first	Wednesdays: 3:00 PM
	day of camp session	Fridays: 5:00-6:00 PM
Eastern Nebraska 4-H Center	5:00PM- 6:00PM on the first	5:00PM – 6:00PM on the last
	day of camp session	day of camp session

Please Note: Camps ending on July 3, 2018 will have a 3:00PM-4:00PM pick-up on the last day of the camp session and no family picnic will be served.

General Packing List

Campers are responsible for all items brought to camp. **Label everything** – especially sleeping bags and luggage! Have your camper play a part in their own packing so they will know where things are located and what they have available at camp. Your camper must be able to carry their personal gear on a short walk to their unit from the parking lot or drop-off spot. Have them practice carrying camp gear to ensure they will be comfortable doing so at camp.

Please plan ahead, and check out the forecast near camp! Nights can be cool even on the hottest days. Please pack enough clothes for your camper's entire stay as our camps' laundry facilities cannot accommodate campers' personal items.

CLOTHING (required):

Ш	T-shirts or tank tops– at least one per day;	Water socks/shoes that can get wet
	no spaghetti straps	Swimsuit
	2 pairs of shoes (1 older pair for Creek	Rain coat or poncho
	Stomp)	Pajamas (we recommend sweats or flannel
	Long pants and shorts	Hats – at least one for warmth at night and
	Socks – pack extra!	one for sun during the day
	Underwear – pack extra!	Sweater, sweatshirt or jacket
	Sturdy, close-toed shoes	

PERSONAL CAI	RE (required):	
	Medications 2 washcloths 2 bath towels 1 swim towel Sunscreen AND chapstick – SPF 15 or higher Shampoo, conditioner Brush, comb	Sanitary items (if appropriate) Warm sleeping bag, plus blanket Pillow Bag for dirty and wet clothes Flashlight and extra batteries; glow sticks are great for campers that want a night light Water bottle – no glass
	Soap and deodorant (no spray cans) Toothpaste, toothbrush	Sunglasses Small backpack/day pack Insect repellant
NICE TO HAVE	ITEMS (optional):	
	Camera (not a cell phone!) Stuffed animal Book Stationary (pre-addressed and stamped envelopes recommended) Swim shirts or warm swim wear	Wool, fleece or polypropylene layers of clothing (stays warm when wet) Shower shoes – flip flops for showering
DO NOT SEND:	Radios, iPods, or MP3 Players Cell phones Video games or video cameras Gum, candy or other food items Laptops or portable DVD players	Tobacco, illegal drugs, alcohol Weapons including guns and knives – even toys Expensive name-brand articles Irreplaceable items

Directions to Eastern Nebraska 4-H Center

Please do not rely solely on Google Maps/Apple Maps or GPS as they can be inaccurate.

Camp Office: (402) 332-4496

Camp Address: 21520 W Hwy 31, Gretna, NE 68028

From Omaha, Nebraska:

- Take I-80 West towards Lincoln, NE.
- Take Exit 432 (Nebraska Crossing Outlet Mall and Flying J Truck Stop.)
- Turn Left (South) on Highway 31.
- The entrance to camp is approximately 5 miles south from the entrance to the Flying J.

From Lincoln, Nebraska:

- Take I-80 East towards Omaha, NE.
- Cross the Platte River and take Exit 432 (Nebraska Crossing Outlet Mall and Flying J Truck Stop.
- Turn right (South) onto Highway 31.
- The entrance to camp is approximately 5 miles south from the entrance to the Flying

Directions to Nebraska State 4-H Camp

Please do not rely solely on Google Maps/Apple Maps or GPS as they can be inaccurate.

Camp Office: (308) 533-2224

Camp Address: 83222 4-H Camp Rd, Halsey, NE 69142

From the East:

- Go 1 mile west from Halsey on Highway 2 until you reach the Nebraska National Forest entrance.
- Turn left; Enter the forest and follow the 4-H signs until you reach the camp.

From the west:

- Go 15 miles east from Thedford on Highway 2 until you reach the Nebraska National Forest entrance.
- Enter the forest and follow the 4-H signs until you reach the Nebraska State 4-H Camp.)





Youth Activity Safety Policy

Parent/Guardian Information

The University of Nebraska-Lincoln (UNL) has implemented a Youth Activity Safety Policy to provide a safe environment for youths participating in Nebraska sponsored activities, clinics or conferences.

Our policy includes safe interaction guidelines as well as background and sex registry checks for Activity Workers. This policy will help to protect youth from potential misconduct incidents and provide a safe, educational and enjoyable activity/program experience.

Activity Workers

- 1. All Activity Workers must successfully pass a sex offender registry search for Nebraska and the state(s) they reside.
- 2. All Activity Workers driving activity vehicles must successfully pass a Driving Record Check.
- 3. In the case of an emergency or accident involving your youth, Parents/Guardians will be notified, following notification of the appropriate emergency personnel.
- 4. All Nebraska activities will comply with the University of Nebraska-Lincoln's Youth Activities Safety Guidelines.
- 5. As parent(s) or legal guardian(s) you give permission to this activity to use photos of your child in

Disciplinary Action

The Activity Directors of University-sponsored Youth Activities reserve the right to immediately dismiss any youth from the Youth Activity who is found to have violated behavioral expectations. Dismissed youth will be sent home at their expense and will be responsible for all other expenses associated with their dismissal. Parent(s)/guardian(s) will be immediately notified of a youth's dismissal.